Program Speaker - Dr. Donald A. Curtis

Title
Maintenance of Tooth-borne and Implant-borne Restorations

Abstract
The concept of maintenance is simple. As clinicians, we have a choice: either we accept the short-term encumbrance of developing a meaningful in-office and at-home maintenance plan, or we face the long-term prospect of providing an uncomfortable justification for re-treatment. Maintenance programs are not sexy. They are not aesthetic. There is no wow-factor in the dialogue necessary to craft a meaningful maintenance program. However, evidence clearly supports the need for a patient-specific maintenance program that takes into account patient risk factors. Our purpose will be to evaluate the literature on maintenance of tooth-borne and implant-borne restorations for actionable clinically relevant interventions to address known and suspected risk factors for restoration failure.

Learning Objectives
1. Understand that a maintenance plan should be patient specific, risk-based, age-appropriate and account for the type of prosthesis being fabricated
2. Understand why it is important to discuss a maintenance plan with the patient during treatment planning rather than after treatment is completed
3. Understand the in-office and at-home agents that can improve the health of tissues around dental implants

Biography
DONALD A. CURTIS DMD, FACP
is a Professor in the Department of Preventive and Restorative Dental Sciences at UCSF. He is board certified and also maintains a private practice in Berkeley, California. Dr. Curtis is past president of the Pacific Coast Society for Prosthodontics and American Board of Prosthodontics. He has published in numerous journals including Head and Neck, Bone, Journal of Biomechanics, and Medical Education. His education research has focus on clinical judgment and professional development, with a recent invited editorial in Medical Education on how trainees accept feedback. Dr. Curtis has also recently published on how implant placement results in bone strain in unanticipated areas. Lastly, Dr. Curtis has been part of an ACP led group publishing on the topic of clinical practice guidelines for maintenance of implant-borne restorations.