

Jim Hodge

Title:

Your Money or Your Life?

Description:

Can money buy happiness? A simple enough question perhaps, but one we all struggle with in our lives and careers. In an age of Positive Psychology, the question of happiness or a sense of wellbeing is being studied throughout academe as well as appearing in the pages of our local newspapers. Conferences and retreats are a good place to explore one's relationships with money and meaning and work/life balance. Can money be literally transformed into meaning in our lives? What actions and activities seem to make us happier in the long run? A consistent pattern of research results is emerging and will be presented in this talk.

Learning Objectives:

- Participants will learn the latest findings from Positive Psychology about happiness and its relationship to money.
- Participants will understand the psychological underpinnings of generativity and the importance of *passing each other along* in life.
- Participants will better understand their relationship with money and how that may shape their practices in dentistry.

Disclosures: There are no disclosures or conflicts in relationships regarding this talk.

Biography:

James M. Hodge

**Associate Vice Chancellor for Advancement
University of Colorado Anschutz Medical Campus**

For more than 35 years Jim has worked with philanthropists at Bowling Green State University, Mayo Clinic and the University of Colorado. Focusing on gifts of significance, Jim has engaged primarily with benefactors who have given more than \$1 million to the institutions he has served. He has been labeled a *reflective practitioner*, an individual who not only inspires philanthropy but also seeks to advance the best practices for the profession.

Jim has been a long-standing member of the faculty at Indiana University-Purdue University in Indianapolis, an instructor in The Fund Raising School at IUPUI, and a

frequent key note speaker and lecturer on the topics of values-based philanthropy, transformational philanthropy, and working with entrepreneurs as philanthropists. He is the author of the chapter entitled "Gifts of Significance" in the publication *Achieving Excellence in Fund Raising* by Jossey-Bass and a distinguished lecturer at the Lake Institute for Faith and Philanthropy. In addition to his teaching, Jim is a consultant and coach in the field of philanthropy.