



Academy of Prosthodontics Annual Scientific Session San Diego, California | June 1 – 4, 2022

Program Speaker – Stavros Pelekanos

Title

The “One Abutment-One Time” Concept –Truth or Myth?

Abstract

Biologic width around teeth is a well-established term although still controversial sometimes regarding numbers. It is getting more complicated when the same term is used around implants, since technology and human intervention are adding many factors affecting the transmucosal zone in quality and quantity.

Modern implant abutment designs, connections, materials and clinical protocols are critical factors establishing the mucosal seal at the abutment level. The use of the “one abutment-one time” is shown to be beneficial throughout the years in keeping the soft and hard tissue integration as high as possible.

The aim of this presentation is to emphasize in differences between teeth and implants, to analyze and categorize different treatment modalities, focusing on the methodology and treatment workflow in aesthetic implant cases and finally give some guidelines to achieve optimum aesthetic results.

Learning Objectives

At the end of this presentation the participants will be able to:

1. understand the biological differences between teeth and implants
2. design the appropriate transmucosal zone around implants
3. select the appropriate implant abutment (material, dimensions and shape) and treatment workflow for enhanced esthetic and functional results

Biography

Dr. Stavros Pelekanos received his undergraduate degree in Dentistry (D.D.S.) from the University of Athens, Greece. In 1993, he obtained his doctoral degree in Prosthodontics (Dr med dent) from the University of Freiburg (Prof. Dr. J.R. Strub), Germany. Following his professional training, Dr. Pelekanos established a private practice in Athens, oriented towards prosthodontics, implantology and esthetic dentistry.

In 2002, he was appointed full-time Lecturer at the Department of Prosthodontics, Dental School, University of Athens, Greece, and in 2012 Assistant Professor in the same department. Since 2013 he is an active member of the European Academy of Esthetic Dentistry (EAED). His professional affiliations include: The International College of Prosthodontics (ICP), European Prosthodontic Association (EPA), Greek Prosthodontic Association and many others. He is a faculty member of gIDE Institute (Global Institute of Dental Education, Los Angeles, California) and Dental Tribune (CME courses) lecturing internationally and performing hands on courses on implants, aesthetics and restorative procedures.

In 2008 and 2011, Dr. Pelekanos received second and first prize at the scientific award competition of the European Academy of Esthetic Dentistry held in Madrid, Spain and Istanbul, Turkey respectively. To date he has published over twenty articles in peer reviewed journals and 3 chapters in books.